

ÅLAND INVITATIONAL

Information letter: 17.4 2024

Hi all!

The startlists and apparatus order are on their way and you will find them on our [website](#) shortly. On the results page [SES](#) you will find all gymnasts divided into the four competition classes. Let us know if there are any discrepancies.

Schedule:

Friday 9.30 General warm up Easy FIG sub 1
10.00 Apparatus warm up
11.10 Start of competition.

Friday 13.00 General Warm up Easy FIG sub 2
13.30 Apparatus warm up
14.40 Start of competition
Medal ceremony around 17.00

Note: No touch warm up
Vault height for Easy FIG junior can be either 1.15 or 1.25
One 10 cm crash mat is allowed on each apparatus.

Saturday 10.00 General warm up Modified FIG
10.30 Apparatus warm up
11.40 Start of competition
Medal ceremony around 14.00

Note Touch warm up
One 10 cm crash mat is allowed on each apparatus

Sunday 8.50 General warm up Event Finals
9.20 Apparatus warm up
10.30 Start of competition
12.30 Medal ceremony

Mod FIG training Friday 18.00-20.30
Free training

Coaches meetings Easy FIG sub 1: Friday 9.20
Easy FIG sub 2: Friday 12.50
Mod FIG: Saturday 9.50

Meeting will be held in the big gym to the left of the entrance.

Judges meetings Easy FIG Friday 10.00
 Mod FIG Saturday 10.30
 Finals Sunday 9.45

Meeting will be held in the office on the second floor.
 Coffee, tea and snacks will be provided as well as lunch Friday and Saturday

Judging panels:

Easy FIG				
	VT		BB	FX
D1 E1	Armida Wanström	Otto Lindqvist	Sanna Suomenmäki	Cecilia Andler
D2 E2	Annika Schmuck	Paticia Skoog	Maja Lönnstedt	Frida Eriksson
E3		Elisabeth Boltemo		Ewa Helsing Kallryd
Modified FIG				
	VT	UB	BB	FX
D1 E1	Frida Eriksson	Jessica Willamns	Anna-Lena Malm	Otto Lindqvist
D2 E2	Helena Wagner	Armida Wanström	Salla Rudnäs	Sofie Malm
E3	Paticia Skoog	Annika Schmuck	Ewa Helsing Kallryd	Rebecca Engman
E4				Nea Karlsson
FINALS				
	VT	UB	BB	FX
D1 E1	Armida Wanström	Otto Lindqvist	Jessica Willamns	Anna-Lena Malm
D2 E2	Helena Wagner	Paticia Skoog	Nea Karlsson	Salla Rudnäs
E3	Sarah Rosenberg	Ewa Helsing Kallryd	Sofie Malm	Annika Schmuck

Social evening will be held at a **new venue** - pizza buffé at Mariepark in the harbour. Walkable distance from the hotels. If anyone still wants to join us for an evening with food, fun and games, let me know by the 21st of April.

Shuttle bus has a **new route**: Ålandsvägen outside Hotell Pommern - Nygatan outside Hotell Savoy (but on the opposite side and about 50 m down the road, by FPA) - Hotell Arkipelag.

Timetable:

Saturday: Ålandsvägen: 9.15 and approx 9.45
 Return: approx 14.30 (after medal ceremony)

Sunday: Ålandsvägen: 8.15 and approx 8.45
 Return: approx 13.00 (to the harbour on request)

Please note that only competing gymnasts are allowed on the competition floor. Spectators and non-competing gymnasts are to keep to the stands or the viewing balcony.

Lunch will be served on the second floor. Ordered tickets can be picked up by a club representative from the competition secretariat in the gym.

There will be a small café in the gym. You can pay by cash (euros) or card.

We welcome all spectators and there is no admission fee.

For more information and/or any questions, please do not hesitate to get in touch.

See you soon!

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