

ÅLAND INVITATIONAL

Information letter: 21.3 2024

A warm welcome to the 5th edition of Åland Invitational, 26-28 of April 2023!

We are so happy to be able to host this competition again and that the word is spreading. This time we have participants from Åland, Finland, Sweden, Norway, Denmark and the UK!

Our main focus is to organise a competition that is exciting and different for the gymnasts. The gymnasts are our priority and we as organisers, coaches and judges will do everything we can to make it a memorable experience.

Competition area: The training and competition will be held in GymnastikArena Åland, Verkaregränd 2, 22120 Mariehamn, situated about 3 km from the town centre.

Apparatus:

Vault: TaiShan
Uneven bars: Gymnova
Balance beam: Gymnova
Floor exercise: Diony

The schedule has been updated according to number of gymnasts:

Overall schedule:

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| Friday | 9.30 Warm up Easy FIG sub 1 |
| Friday | 13.00 Warm up Easy FIG sub 2 |
| Friday | 18.00 Training Modified FIG |
| Saturday | 10.00 Warm up Modified FIG |
| Saturday | 18.00 Social evening food and games |
| Sunday | 8.50 Warm up Event Finals |

The subdivisions will be according to clubs, not age groups. A detailed schedule and the subdivisions will be published on our website.

Lunch: Will be served on Friday (approx 11.30-17.00) and Saturday (approx 12.00-15.00). Pre-orders only. Non-refundable price: 10 euro per person.

Café: we will have a small café in the gym, where it is possible to buy coffee and snacks.

Judges: we will be using the result service Sport Event Systems and we ask the judges to bring their own tablet, laptop or phone in order to input the scores. Wifi will be provided. Judges will be served lunch as well as light refreshments during the day.

Competition merch: Åland Invitational t-shirt. Logo on the front, participating clubs on the back. Unisex sizes from XXS-XXXL. Non-refundable price 20 euro per person. Pre-order only. See a picture of last year's t-shirt below (will obviously be updated with clubs and dates). A sales representative from the gymnastics shop Voimistelukauppa Flikki (flikki.fi) will be selling leotards and other accessories during the competition.

Social event: a social gathering with food and games will be held at a venue in Mariehamn on Saturday evening. All welcome, even travelling spectators. Non-refundable price 20-25 euro per person (exact price not yet known, subject to numbers). Pre-order only.

Shuttle bus: There is a good bus service on weekdays from city centre to the gym. But no public transport on weekends. If there is demand for a shuttle bus, this will be organised on Saturday and Sunday. Approximate timetable:

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| Saturday: | City centre: 9.30 and 10.00 (10.30 if demand) Return: after competition |
| Sunday: | City centre: 8.20 and 8.50 (9.20 if demand) Return: after competition (to the harbour if needed) |

The time table and number of shuttles will be calculated according to the number of tickets ordered. Anyone can purchase tickets. One ticket for the whole weekend. Approximate price 15-20 euros per person, again subject to numbers. The early departures are for competing gymnasts, coaches and judges. Spectators and non-competing gymnasts need to take the next one. The exact route and timetable will be communicated later, but place of departure will be close to the hotels.

Music: the gymnasts' floor music needs to be submitted in an MP3-format. Please include name, club and competition format. The music needs to be sent to mariehamnsgf@gmail.com

Important deadlines:

- T-shirts: 27.3. Include sizes
- Social evening: 4.4. Include allergies
- Lunches: 4.4. Include allergies
- FX music: 4.4. MP3 format
- Shuttle bus: 4.4. Include number of tickets

Send to: alandinvitational@gymnastik.ax. Please note that the music needs to be sent to the following address: mariehamnsgf@gmail.com. All orders will be added to the participation fee and invoiced after the competition.

Additional information: Going forward, information regarding subdivisions, judging panels, training times, social event etc will be published on the website of Gymnastics Åland gymnastik.ax/aland-invitational/

For more information and/or any questions, please do not hesitate to get in touch:

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