

<b>MEN'S SET/FIG COMPETITION ROTATIONS</b>		
<b>Junior division</b>	<b>JERSEY (5)</b>	<b>ISLE OF MAN (4)</b>
8.20-8.50	GENERAL WARM UP	
8.50-10.00	Apparatus WU, 10 min each event	
	VT, PH, SR, PB, FX, HB, R	VT, SR, PB, PH, HB, FX, R
Apparatus 1	SR	VT
Apparatus 2	VT	SR
Apparatus 3	PH	PB
Apparatus 4	PB	PH
Apparatus 5	FX	HB
Apparatus 6	HB	FX
<b>Senior sub 1</b>	<b>GOT (1), CAY (4), YNYS (1)</b>	<b>JERSEY (6)</b>
12.50-13.20	GENERAL WARM UP	
13.20-14.25	Apparatus WU, 10 min each event	
	VT, PH, SR, PB, FX, HB, R	VT, SR, PB, PH, HB, FX, R
Apparatus 1	SR	VT
Apparatus 2	VT	SR
Apparatus 3	PH	PB
Apparatus 4	PB	PH
Apparatus 5	FX	HB
Apparatus 6	HB	FX
<b>Senior sub 2</b>	<b>FAROEES (6)</b>	<b>ISLE OF MAN (5)</b>
16.15-16.45	GENERAL WARM UP	
16.45-17.45	Apparatus WU, 10 min each event	
	VT, PH, PB, SR, HB, FX	VT, FX, PB, PH, HB, SR
Apparatus 1	PH	PB
Apparatus 2	PB	PH
Apparatus 3	SR	HB
Apparatus 4	HB	SR
Apparatus 5	FX	VT
Apparatus 6	VT	FX