



INTER ISLAND GAMES

Åland 2023

A warm welcome to the Inter Island Games in Åland, 4-8th of July 2023!

We are so happy to be able to host this competition and that it is continuing to grow. More islands than ever before are attending. We will have gymnasts from Åland, Gotland, Jersey, Guernsey, Ynys Môn, Isle of Man, Shetland, Orkney, Faroes and Cayman coming for the 2023 competition!

Our main focus is to organise a competition that is exciting and memorable for you all.



Competition area: The training and competition will be held in our new facilities, GymnastikArena Åland, Verkaregränd 2, 22120 Mariehamn, situated about 3 km from the town centre.

Vault: TaiShan
Uneven bars: TaiShan
Balance beam: Gymnova
Floor exercise: Diony
Pommel horse: Gymnova
Rings: Unisport
Parallel Bars: Gymnova
High bar: Gymnova

Final entries: Please fill in the attached form.

Lunch: Food will be served during two of the competition days (Wednesday and Friday). Pre-orders only. Non-refundable price: 10 euro per person. Please attach any dietary requirements or allergies. Wednesday's lunch will be a pasta salad with chicken and Friday's lunch a taco buffet. Tap water to drink with lunches both days.

Social evening: we would like to invite all gymnasts and coaches to a fun get together on Thursday night at approx 6.30-8.30 pm. A small Åland snack and games. Non-refundable price: 7,50 euros per person. Pre-order only. Please attach any dietary requirements or allergies. The place we gather for the social evening will be announced after we have received all the registrations.

Closing banquet: we would like to invite gymnasts, coaches, judges and travelling parents to a fun get together on Saturday night, 7pm - 10pm, at Mariepark (address: Möckelöbrinken 11, 22100 Mariehamn). Pizza buffet and soft drinks. Music, dancing and games. Non-refundable price: 20 euro per person. Pre-order only. Please attach any dietary requirements or allergies.

Competition merch: Inter Island Games t-shirt. Logo on the front, participating islands on the back. Sizes from XXS-XXXL. Non-refundable price 20 euro per person. Pre-order only.

Music: the gymnasts' floor music needs to be submitted in an MP3-format. Please name the file like this example: ALAND_SR_WATKINS_YLVA

Café: we will have a small café in the gym, where it is possible to buy sandwiches and snacks during the competition days.

Judges: we will be using the result service Sport Event Systems and we ask the judges to bring their own tablet, laptop or phone in order to input the scores. Judges will be served lunch as well as light refreshments during the competition days.

Flags and anthems: every island needs to bring three 5 ft x 3 ft sized flags. If possible please bring 10 smaller flags on sticks as well. The anthem (short version) to be sent in as a MP3-file.

Official photo will be taken by the ship Pommern on Tuesday the 4th at 7 pm. All teams will be given a copy of the photo. The ship is close to the hotels. The address is Hamngatan 2, 22100 Mariehamn.

Pre-technical meeting will be held at a venue in town after the official photo shoot. We'll walk there together. Minimum one coach per island is expected to attend.

Post-technical meeting will be held in the gym after the competition on Saturday.

FYI the tap water on the island is safe to drink.

Invoices of lunch orders, social evening tickets, closing banquet tickets and t-shirts will be sent out to each islands after we've received their registration forms for it. *Please note, we can't handle any late orders for the t-shirts.*

Important websites

Here we will post all information regarding the competition; schedules, subdivisions, rotations etc. Visit: gymnastik.ax/inter-island-games/

General information for tourists visiting Åland. Including recommendations of restaurants, things to see and do in Åland etc. Visit: <https://visitaland.com/en/>

Car rental, visit: <https://www.rundbergs.com/en>

Rent a bike for the week in Åland, visit: <https://www.rono.ax/en>

Important deadline - June 4th. Please submit all the information required to info@gymnastik.ax by this date. Please use the attached form.